PA Traffic Injury Prevention Project PA Chapter, American Academy of Pediatrics Rose Tree Corporate Center II 1400 N. Providence Road, Suite 4000 Media, PA 19063 Phone: 484-446-3008 1-800-CAR BELT (in PA only) Email: aosterhuber@paaap.org

Website: www.pakidstravelsafe.org



S NEW

Special points of interest:

- New Booster Seat Research
- CPS Curriculum Updates
- Tech Corner
- CEU Recertification Tips
- Upcoming Trainings

New Booster Seat Research

Belt-Positioning Booster (booster) seats work by adjusting the position of the child and/or the position of the seat belt to provide optimal protection. When selecting a booster seat, there are 3 main criteria addressing child fit. They include:

- \checkmark The shoulder belt crossing the center of the chest and shoulder,
- \checkmark The lap belt low and snug across the hips, upper thighs, and
- \checkmark The child can stay properly positioned for the entire ride.

The Insurance Institute for Highway Safety and Consumer Reports evaluate car seats and provide recommendations for booster seats that meet their criteria. The criteria and booster seat recommendations can be found at https://www.iihs.org/topics/child-safety/boosters and https://www.consumerreports.org/products/car-seats -28987/infant-car-seat-28699/view2/

Researchers recently released findings on their booster seat research that looked at the gap between the shoulder belt and lower torso, child posture and belt fit, use of a seat belt retractor instead of the current fixed belt anchors, and whether securing a booster seat with LATCH affects booster performance.

Evaluation of static belt fit and belt torso contact for children on belt positioning booster seats, Baker 2021: https://doi.org/10.1080/15389588.2021.1967337

Preliminary Conclusion:

- The belt gap varies based on booster features, e.g. belt guides. •
- Pediatric crash test dummies tend to have larger belt gaps than children.
- Future study: Does the gap affect crash safety?

Child Posture and Belt Fit in a Range of Booster Configurations, Jones 2020: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7037749/

Findings:

- Traditional booster seats raise the height of children closer to that of an average adult. (Study included booster heights between 1.8" and 7")
- Side impact crashes: Side curtain air bags appear to be beneficial for properly restrained children.
- Child's posture in the booster seat is important in a crash.
 - Lower height boosters produced postures that were more slouched, with the child's hips further forward. (Boosters that shorten the vehicle seat help with slouching.)
 - Slouching causes the lap belt to route more horizontally, increasing the chance of submarining. Higher height boosters route the seat belt more vertically, keeping the lap belt low on the pelvis and upper thighs.

Dynamic Metrics to Differentiate Booster Performance, Klinich 2021: https://www.tandfonline.com/loi/gcpi20

Findings - New metrics to consider:

- Difference between knee and head excursion
- Maximum torso angle
- Lumbar spine force in lateral directions
- Lumbar spine torsion (twist)



Findings:

- LATCH reduced movement of the booster seat, but did not affect head or heel movement. Suggests that some movement between the booster and the occupant in booster seat that is not secured with LATCH.
- No obvious submarining occurred during crash test.
- Use of tether appeared to reduce shoulder belt crash load.
- Results support current recommendation of optional LATCH use for boosters.













2020 National Child Passenger Safety (CPS) Certification Curriculum **Updates and Terminology Changes**

Many CPS technicians may not be aware of the recent changes made to the CPS certification curriculum. Revisions made to the curriculum are provided below. Although some changes may be minor, the new information should be used to update your educational messages as you work with families and the community.

Good • Better • Best

Child Passenger Safety Technicians must understand and respect caregiver choices as long as the car seat instructions, vehicle manual guidance, and State laws are followed. Caregiver choice can be categorized when the caregiver secures the child in the car seat meeting the following criteria:



Minimum weight or height provided by the car seat manufacturer and following State law requirements.



Aftermarket Products

was changed to

and now to

Within the weight or height range provided by the car seat manufacturer and meets or exceeds State law requirements.

Seat Protectors



Adding Inserts, Canopy Covers, Toys & Vehicle

Maximum weight or height provided by the car seat manufacturer and meets and exceeds State law requirements.



Terminology Change



Dynamic Locking Latch Plate is now called a **Dynamic Latch Plate**

Only products approved by the car seat manufacturer for use with a particular car seat or booster seat

Check both the car seat instruction manual and the manufacturers' website for information on use of these products.

Terminology Change

model are acceptable to use.



Used Car Seats

are now called

Secondhand **Car Seats and Boosters**

LATCH & Pick Up Trucks Updates

Direct Routing Tether Systems: Commonly found in larger pickup trucks.

- Tether routes directly to a tether anchor located behind the vehicle seat.
- Tether anchor might be on the wall, vehicle seat, or floor
- To access the tether anchor, the vehicle:
 - Seat back may need to be folded forward, or
 - Seat cushion must be folded up.

Reminder - Router designs vary by manufacturer.

- Closed loop Tether hardware must pass through loops.
- Open system Allows webbing to slide through.

Indirect Routing Tether Systems

- Found in both small and large pickup trucks.
- Tether goes through a router behind the vehicle seat and then attaches to a tether anchor located elsewhere, often an adjacent vehicle seat.





Wire Loop



Webbing Loop (with metal ring)

Open Wire



Technician Corner: Reminders for CPSTs in the Field Troubleshooting Locking Latch Plates

Locking latch plates will lock a seat belt when the latch plate lays parallel to the webbing. On occasion, the angle of the locking latch plate remains tilted when installing a car seat, preventing the latch plate from locking the seat belt. To address this challenge, there are 3 approved fixes that may change the angle of the latch plate, allowing the seat belt to lock and hold the car seat in place.

Note: If none of the 3 approved fixes lock the seat belt to achieve a tight installation, try another seating position.

Fix 1: Flip the Latch Plate

Flipping the latch plate may align the latch plate and seat belt allowing the latch plate to lock.

- Always check the vehicle owner's manual to see if the vehicle manufacturer permits flipping the latch plate.
- If the vehicle owner's manual does not prohibit flipping the latch plate, then this fix is allowed.
- 1. Buckle and tighten the seat belt.
- 2. Unbuckle the seat belt and flip the latch plate over.
- 3. Buckle the seat belt.
- 4. Confirm the latch plate is locked by pulling up on the lap belt.



Fix 2: Twist the Buckle Stalk

Twisting the buckle stalk will shorten the webbing to lower the buckle away from the belt path to remedy when the latch plate is in the belt path of the car seat or interferes with the lockoff.

- Always check the vehicle owner's manual to see if the vehicle manufacturer permits twisting the buckle stalk.
- If the vehicle owner's manual does not prohibit twisting the buckle stalk, then this fix is allowed.
- 1. Twist the buckle stalk one full turn each time.
- 2. Use the minimum number of twists, with a maximum of three full twists.
- 3. Be sure the buckle release button is facing away from the car seat and easily accessible.



Recertification Tips

Fix 3: Use a Locking Clip

Lock the seat belt with a locking clip when flipping the latch plate and/or twisting the buckle stock is not permitted or does not lock the seat belt.

• Only use a locking clip on a lap -and-shoulder belt that is one continuous piece of webbing.

Note: Locking clips may be provided with the car seat by the manufacturer. Check the car seat instructions to locate the locking clip. If a locking clip is not available, contact the car seat manufacturer. Car seat manufacturers may provide one locking clip for free.



There are many questions for both new and seasoned technicians regarding how to go navigate the recertification process. Here are some basic tips and a list of online Child Passenger Safety Continuing Education Unit (CPS CEU) opportunities.

Username and Password: You will need your log in information. A personalized letter from Safe Kids and several emails are sent starting about 2 months in advance of your certification expiration. Log in and make sure that your CPS online profile (http://cert.safekids.org) is accurate.

If you have misplaced your username or password, contact customer service at 202-875-6330 or CPScert@safekids.org.

If you forgot your password, go to the login page and select "Forgot Password". Enter the name and email address associated with your account, then click Submit. A link will be sent that allows you to reset your



password. If your email has changed, email CPS Certification at <u>CPSCert@safekids.org</u> or call 202-875-6330 for help.

Child Passenger Safety Technicians (CPSTs) are Action Safe Kids/NHTSA Online Updates (<u>http://training.safekids.org/</u>): required to earn 6 CPS CEUs during the two-year After completing the course, take the online quiz and earn a CEU certification cycle. Many may be earned at any time and View Summary by scoring at least 80%. The certificate will be emailed to you. for free. CPSTs are required to keep personal written Add/Review CEUs National CPS Board (<u>www.cpsboard.org</u>): After watching the video, take the online quiz and earn a CEU by scoring at least proof of the type and content of their earned CEUs. A random sample of CPSTs will be audited. The purpose of Online CEUs 80%. Be ready to print your certificate. the audit is to verify the existence of the documentation that CEUs were completed. CEU documentation is to be **Online CEUS** kept during the certification cycle and for at least three S months after recertification is completed. If you are This page allows certified technicians to access online CEUs and information. Some sites are only available

Online Options to Earn CPS CEUs: You can earn 6 CEUs online (Category -Webinars/online courses)

participation.

audited, you will be required to submit the certificates of

• Links through CPS Online Profile: Log in and select the "Online CEUs" link in the Recertification section.

through this page.

Featured sites:

- 1. Safe Kids/NHTSA Online Tech Update Courses
- 2. National CPS Board
- 3. Britax Tech Site
- 4. Evenflo Tech Site



Child Passenger Safety Trainings

The **CPS Certification** course provides the training necessary to become a certified CPS technician. This four-day course establishes CPS certification for a two-year cycle. The fee is \$95. To register, go to cert.safekids.org. The **CPS Renewal** course is for CPS technicians with an expired certification. The one-day course allows recertification for a two-year cycle. The fee is \$95. To register, go to cert.safekids.org. The **TIPP CPS Technical Update** class has been pre-approved for 6 CEUs towards recertification. Please contact TIPP if you are interested in hosting an Update class for CPS technicians in your area.

For questions on how to create a personal profile or register for a class, please go to <u>https://cert.safekids.org/resources-faqs/how-to</u>.

Certification Courses	Renewal Courses		
PA202112091107 Date: March 23, 24, 30, 31, 2022 Time: 8:30 am - 4:30 pm King of Prussia Volunteer Fire Company 170 Allendale Road King of Prussia, PA 19406 Contact: Teresa Rychlak Phone: 484-446-3078 Email: trychlak@paaap.org	PA202111041005 Date: December 22, 2021 Time: 9:00 am - 5:00 pm Moon Township Police Department 1000 Beaver Grade Road Coraopolis, PA 15108 Contact: Kristen Urso Phone: 412-885-0266 Email: <u>kurso@paaap.org</u>	PA202111041006 Date: January 7, 2022 Time: 9:00 am - 5:00 pm Peter's Township Fire Department 245 E. McMurray Road McMurray, PA 15317 Contact: Kristen Urso Phone: 412-885-0266 Email: <u>kurso@paaap.org</u>	PA202111231063 Date: March 31, 2022 Time: 9:00 am - 3:00 pm UPMC NW .Seneca Place Northwest Conference Room 3163 State Route 257 Seneca, PA 16346 Contact: Mary Lakari Phone: 814-838-9971 Email: <u>mlakari@paaap.org</u>
PA202111231062 Date: April 26 - 29, 2022 Time: 9:00 am - 5:00 pm Meadville Fire Department Conference/Training Room 850 Park Avenue Meadville, PA 16335 Contact: Mary Lakari Phone: 814-838-9971 Email: <u>mlakari@paaap.org</u>	 PA TIPP Child Passenger Safety Technical Update Classes: Please RSVP if Planning to Attend Please contact TIPP if you are interested in hosting a CPS Technical Update class for CPS technicians in your area. CPS Technical Update is pre-approved for 6 CPS CEUs. Contact your TIPP regional coordinator to schedule a presentation in your region and earn 6 CPS CEUs toward recertification. PA TIPP instructors are approved as Emergency Medical Services Continuing Education Providers. EMTs can receive 6 EMS continuing education credits for attending the 2019 edition of the PA TIPP technical update class. 		
CPS Technical Update Course ID#: 7153	Cambria County Date: TBD March 2022 Time: 9:00 am - 3:00 pm Richland Police Dept Johnstown, PA Contact: Kelly Whitaker Phone: 814-943-3360 Email: <u>kwhitaker@paaap.org</u> +Please email if interested and class details will be shared.	Erie County Date: March 22, 2022 Time: 9:00 am - 3:00 pm Perry Hi Way Hose Company. Training Room 8281 Oliver Road Ere, PA 16509 Contact: Mary Lakari Phone: 814-838-9971 Email: <u>mlakari@paaap.org</u>	Warren County Date: April 12, 2022 Time: 9:00 am - 3:00 pm Youngsville Police Dept. Boro Conference Room 40 Railroad Street Youngsville, PA Contact: Mary Lakari Phone: 814-838-9971 Email: <u>mlakari@paaap.org</u>
 The PA TIPP regional outreach and training coordinators are available to support your efforts in preventing traffic related injuries. Some of the programs we offer include: CPS Certification and Renewal classes, CPS Technical Update class (classes can be in-person or virtual), Medical Community: CPS presentations approved for continuing education credits (CME/CEU) through the University of Pittsburgh, Organization/Parent presentations: Traffic safety education for community groups. Presentations can be customized to meet the interest and needs of the group, School bus/school transportation: Programs available for schools, preschools, head start and organizations that transport young children, 			
Update classes scheduled t Community fitting stations		Special Needs Transportation. TIPP Contact Information	
 by county. Educational flyers/brochures and videos. Information on Bicycle Safety, Car Seats, Pedestrian, School Bus, Special Needs and Young Drivers. List of Car Seat Recalls 		Statewide: Angela Osterhuber 1-800-CAR-BELT / 484-446-3036 <u>aosterhuber@paaap.org</u> Northwest PA: Mary Lakari 814-838-9971 <u>mlakari@paaap.org</u>	
Traffic Injury Prevention Project		Central PA: Kelly Whitaker 814-943-3360 <u>kwhitaker@paaap.org</u> Northeast PA: Cathy Connors 570-471-3026 <u>cconnors@paaap.org</u>	Southeast PA: Teresa Rychlak 484-446-3078 trychlak@paaap.org Southwest PA: Kristen Urso 412-885-0266 kurso@paaap.org